

What is a Nurse Practitioner?

A Nurse Practitioner (NP) is a registered nurse who has completed advanced education at a master's or PhD level. They are completely independent health professionals and require no outside supervision of their practice.

Nurse Practitioners practice includes the legal authority to:

- ✓ Perform comprehensive health assessments and manage a panel of patients
- ✓ Diagnose & treat acute or chronic illness or injuries
- ✓ Prescribe medications, controlled substances & medical supplies
- ✓ Perform minor surgical procedures such as suturing, biopsies & IUD insertion
- ✓ Make referrals to other health care professionals such as specialists
- ✓ Order, conduct and interpret diagnostic tests (ie. lab, Xray, CT, MRI)
- ✓ Admit and discharge to long-term care facilities and some hospitals



Contact Us

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Nurse Practitioner
Association
of Manitoba  Your Partners in Health

Nurse Practitioners

**PART OF YOUR HEALTH CARE
TEAM IN MANITOBA**

WHERE DO NURSE PRACTITIONERS WORK?

- EMERGENCY ROOMS
- HOSPITALS
- OUTPATIENT CLINICS
- COMMUNITY HEALTH CLINICS
- TEEN CLINICS
- LONG TERM CARE HOMES
- UNIVERSITIES
- QUICKCARE CLINICS
- MEDICAL AESTHETICS
- MOBILE CARE
- PRIVATE PRACTICES
- MILITARY BASES
- PRISONS/ CORRECTIONS CLINICS
- RAPID ACCESS TO ADDICTIONS MEDICINE (RAAM CLINICS)
- ADDICTIONS/SUBSTANCE USE
- VIRTUAL HEALTH SERVICES

PROVIDING PROFESSIONAL HEALTH CARE

Your NP focuses on whole health. They will take time during appointments to listen to your health concerns, address your health care needs and provide you with the professional direction you require to live your healthiest life.

DO I NEED A FAMILY DOCTOR TOO?

Nurse Practitioners are independent health professionals who can perform a wide range of services and treatments, very similar to the care that a family doctor provides, and require no outside supervision for their practice.

If there are complex health problems or something beyond the knowledge, skills or abilities of your Nurse Practitioner, they have a responsibility to ensure that the appropriate specialist or health care provider is consulted. In other care models, the Nurse Practitioner may care for a patient in a care team including a physician and/or other health care professionals.

There is no reason that a Nurse Practitioner cannot be an individual's primary care provider.



WHY SHOULD I CHOOSE A NURSE PRACTITIONER?

- ✓ continuity of care
- ✓ empathetic care & trusted by patients
- ✓ consistent health promotion
- ✓ consistent quality management of chronic illness
- ✓ long-term commitment to rural & remote communities

HOW DO I FIND A NURSE PRACTITIONER?

To find a NP close to you visit the Family Clinic Finder site:

<https://bit.ly/FamilyClinicFinder>

Or call **1-866-690-8260**

